## **Pre-Operative Patient Instructions**



We are pleased that you have chosen to have your refractive procedure with us! Please read and follow these instructions prior to your procedure. If you have any questions or concerns prior to surgery day, please call (404) 531-9988 and a Surgical Coordinator will be happy to speak with you.

## CONTACT LENSES SHOULD BE DISCONTINUED 7 DAYS PRIOR TO YOUR PROCEDURE.

## **3 Days Prior to Surgery**

- 1. Fill any and all medication prescriptions given to your for your procedure.
- 2. Follow instructions from your doctor on how and when to start these medications. Bring all of your medications with you and we will review all of your instructions on the day of your procedure.

## **Preparing for your Procedure Day**

- 1. You will need a driver.
- 2. Expect to be with us at least 2 hours on the day of your procedure. Many activities will happen on your procedure day prior to your procedure including: signing-in, any additional testing, preparation, procedure time, and a check of your eyes post-operatively. Due to the length of time anticipated on the day of your procedure, it is asked that you do not bring children.
- 3. **Discontinue all eye makeup 5 days prior to surgery.** Do not use hairspray, tobacco, lotions or scented products on procedure day.
- 4. There are no restrictions on diet, except no alcohol consumption. If you are a diabetic, please bring a snack as needed. If you are currently taking medications, continue to take them as prescribed by your physician. If you have started to take any new medications, please let us know prior to your procedure day. If you have questions about medications, please call our office.
- 5. No cell phones are allowed in the center on your procedure day except in the waiting room.
- 6. For the protection of every patient's privacy, **no photos or video taping are allowed** in the center.
- 7. Do not make any plans for the evening of your procedure. We want you to go home and rest/sleep for the remainder of the day.